

# CSU Office of Environmental Health & Safety Van Safety Guidelines

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- The Driver and ALL passengers should be seated in recognized seats and <u>must wear seat belts properly.</u>
- Seatbelts reduce risk of death in rollover accidents by 75%!
- Failure to wear your seatbelt will reduce your work comp benefits.
- The Driver should make sure all passengers have seatbelts on before leaving.

#### **Practice if Possible**

- If unfamiliar with driving vans, it is recommended the driver take time to practice backing, turning, and parking with the van in a safe and non-congested area such as an empty parking lot.
- Take note of turning capacity/ radius around curbs and the extra height of the van for parking in a parking garage.

### **Safety Tips While Driving:**

- 1. Avoid driving practices that lead to loss of control ó Such As:
- Sharp Turns ó (Take Corners and Exit Ramps slow and easy).
- Excessive Speed 6 (Note the speed limit and weather conditions).
- Abrupt Maneuvers (Change lanes slowly ó do not jerk the wheel).
- Change drivers or stop to rest every 2 \( \preceq 3 \) hours).
- During extreme windy or hazardous weather conditions.
- Following too closely (at *least* a 4 second following distance).
- Avoid Sudden stops or panic stops (Look ahead & signal early- slow down gradually)
- Avoid distractions such as eating, excessive radio volume, cell phones, searching/reaching for items, etc. **Never text or Email while driving!!**
- **2.** <u>Vans require a longer stopping distance!</u> ó Allow more time and distance between vehicles to compensate ó Consider weather and road conditions ó Avoid sudden stops and never tailgate!
- 3. Check Blind Spots frequently ó especially when changing lanes & backing.
  - < Change lanes slowly.

#### 4. Backing:

- The greatest blind spot is to the rear when backing up.
- Many accidents occur while backing out of parking areas.
- Look to rear, sides and front of your vehicle in addition to using your mirrors.
- As an added caution- use your emergency flashers while backing up & turn down radio.
- Before backing up, make sure all is clear behind you! Do not rely solely on mirrors.
- When in doubt check it out: (G.O.A.L. –Get Out And Look!)
- < Back up slowly.

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## VAN SAFETY GUIDELINES ACKNOWLEDGEMENT

I have thoroughly read and acknowledge the preceding information regarding van safety guidelines, <u>and</u> <u>understand the hazards</u>, <u>safety precautions</u>, <u>and guidelines specified and agree to abide by them</u>. I also understand that failure to adhere to the van safety guidelines could be detrimental to my safety, the safety of others, the university, and could impact my driving duties and/or result in corrective action.

Date	-
Signature of Driver	_
Print Name	-
Department	-
This driver has departmental authorization	on to rent
Supervisor or Club Advisor Signature	-
Supervisor or Club Advisor Signature	

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